

STUDENT OATH

ATA TIGER OATH

SIR/MA'AM

1. I PROMISE TO BE A GOOD PERSON
2. TO HAVE KNOWLEDGE IN THE MIND
3. HONESTY IN THE HEART
4. STRENGTH IN THE BODY
5. AND TO MAKE GOOD FRIENDS

KARATE FOR KIDS OATH

SIR/ MA'AM

EACH DAY I WILL LIVE BY HONORING MY PARENTS AND INSTRUCTORS, BY PRACTICING TO THE BEST OF MY ABILITIES, AND BY HAVING COURTESY AND RESPECT FOR EVERYONE I MEET.

TEEN AND ADULT OATH (THE SAHNG AHM SPIRIT OF TAEKWONDO) TO BEGIN CLASS

SIR/MA'AM

I WILL PRACTICE IN THE SPIRIT OF TAEKWONDO, WITH COURTESY FOR FELLOW STUDENTS, LOYALTY FOR MY INSTRUCTORS, AND RESPECT FOR MY JUNIORS AND SENIORS (SIR/MA'AM).

TO END CLASS

SIR/MA'AM

I SHALL LIVE WITH PERSEVERANCE IN THE SPIRIT OF TAEKWONDO, HAVING HONOR WITH OTHERS, INTEGRITY WITHIN MYSELF, AND SELF-CONTROL IN MY ACTIONS (SIR/MA'AM).

KOREAN TERMS

Charyut	(Chah-Ree-ut)	Attention
Kyungneh	(Key-Young-Nay)	Bow
Jhoonbee	(Joon-Bee)	Ready
Sheejahk	(Shee-Jaak)	Start / Begin
Komahn	(Koh-Maan)	Stop
Bahroh	(Bah-Roe)	Return to Ready
Shee-ut	(Shee-Uh)	At Ease / Rest
Kihap	(Key-Hop)	Taekwondo Yell
Dobohk	(Doh-Bok)	Uniform
Dojahng	(Doh-Jaang)	School
Sabumnim	(Sah-Buhm-Nim)	Instructor