

Name _____ Belt Rank _____

JULY ATA TIGERS HOMEWORK

FRIENDSHIP

FRIENDSHIP means the bond you have with a friend. It also means that you treat the friend kindly and with respect. To have friends, means you should be a friend.

Make a list of five (5) qualities or traits that you think a good friend would have:

1. _____
2. _____
3. _____
4. _____
5. _____

SHARING with others shows a lot about ourselves. It lets people know that we are not selfish.

Make a list of three (3) items you would be willing to share with others:

1. _____
2. _____
3. _____

Sometimes we have something that is so important to us that we choose not to share it.

How would you politely let a friend know that you don't want to share something that is important to you?

HELPING OTHERS

HELPING someone makes the person you are helping feel good because you are doing something kind for them. It should make you feel good because you are doing something nice for someone. Give an example of how you could help the following people:

Your Mom and Dad: _____

Your Teacher: _____

One of your Friends: _____

Your Taekwondo Instructor: _____

Choose one of the above people and describe how you will help that person this week:

SPORTSMANSHIP

Showing SPORTSMANSHIP means playing fairly and supporting teammates and others

Put a check in front of each example that shows SPORTSMANSHIP:

_____ Sue says “good game” to the players on the team that beat her team in basketball.

_____ Harry quits because the umpire called him out and he thought he was safe.

_____ April refuses to play a game of kickball at recess because she would not be on her friend Amy’s team.

_____ Josh makes sure he passes the ball during his basketball game so that other players on the team can try to score points.

_____ Jack makes sure he shakes the hand of his sparring partner at the end of each match, regardless of whether he wins or loses.