

Name _____ Belt Rank _____

NOVEMBER ATA TIGERS HOMEWORK

INTEGRITY

Integrity is to do the _____ even when _____

TRUE or FALSE: When a person makes a promise to do something and they do it, that person has integrity.

TRUE or FALSE: If you are asked in Taekwondo class to do 10 push ups and you only really do 5, you have integrity.

TRUE or FALSE: If a person is playing a game and they cheat so that they will win the game, that person is showing integrity.

HONESTY

What is another way to describe "Honesty?" _____

Who is an honest person that you know: _____

Why do you think that person is an honest person? _____

Why should we be honest? _____

YES or NO: If you do something wrong, you should tell your parents right away rather than keeping it a secret or telling a lie

VALUES

A “value” is _____

List three (3) people who teach us values:

1. _____
2. _____
3. _____

List five (5) positive or good values that ATA Tigers should have:

1. _____
2. _____
3. _____
4. _____
5. _____

COURAGE

How does the dictionary define Courage? _____

Give an example of when you have used courage: _____

List three (3) real people and three (3) characters from either a movie, TV show, or book that show courage:

- | | |
|----------|----------|
| 1. _____ | 1. _____ |
| 2. _____ | 2. _____ |
| 3. _____ | 3. _____ |