

Name _____ Belt Rank _____

APRIL ATA TIGERS HOMEWORK

COURTESY

Circle the Phrase that best describes Courtesy:

- A. Not caring what others think
- B. Being polite as often as possible
- C. Doing things only for ourselves

Give an example of something you can do to show Courtesy. _____

How does showing Courtesy help others? _____

KINDNESS

Kindness comes from being gentle and good hearted. Name someone who has shown you kindness this week. _____

How did it feel when this person was kind to you? _____

Give an example of how you can show Kindness to someone in your Taekwondo Class.

What is "The Golden Rule?" _____

FAVORS

When you freely do something helpful or nice for someone, you are granting a favor.

List 3 Favors you have done for your friends or family in the last week:

1. _____
2. _____
3. _____

Should you expect anything in return for your Favors? YES NO

Why or Why not? _____

GOOD MANNERS

How do people with Good Manners behave when they are with others? _____

Give an example of Good Manners:

At Home: _____

At School: _____

At Taekwondo Class: _____

At a Friend's House: _____

At the Store: _____

At a Restaurant: _____